

LUNCH MENU

Gluten Free

AUTUMN/WINTER: WEEK 1
13/11, 04/12

GREENSHAW
LEARNING TRUST

MONDAY

Gluten Free Cheese and Tomato Pizza

Served with Salad and Garlic Slice

▲ 7

Jacket Potato with a choice of fillings

Fresh Fruit

▲ Allergen Free

TUESDAY

Gluten Free Spaghetti Bolognese

Served with mixed vegetables

▲ Allergen Free

Jacket Potato with a choice of fillings

Fresh Fruit

▲ Allergen Free

WEDNESDAY

Roast Chicken

Served with roast potatoes and vegetables

▲ Allergen Free

Gluten Free Tuna Mayo Roll

▲ 4, 5, 8

Peaches

▲ Allergen Free

THURSDAY

Gluten Free Beef Burger

Served with sweet potato wedges and sweetcorn

▲ Allergen Free

Gluten Free Tuna Mayo Roll

▲ 4, 5

Fruit & Ice cream

▲ 7

FRIDAY

Gluten Free Fish Fingers

Served with chips and peas

▲ 5

Gluten Free Cheese & Salad Baguette

▲ 7

Jelly

▲ Allergen free

▲ ALLERGEN KEY

1. Celery

2. Gluten

3. Crustaceans

4. Eggs

5. Fish

6. Lupin

7. Milk

8. Molluscs

9. Mustard

10. Peanuts

11. Sesame

12. Soybeans

13. Sulphites

14. Tree nuts

AVAILABLE DAILY

Wholemeal bread, fresh salads, variety of seasonal fresh fruit, yogurts and jacket potato with choice of toppings

Catering provided by Greenshaw Learning Trust. All products are locally sourced wherever possible. All food is cooked fresh on the school site each day.

LUNCH MENU.

Gluten Free

AUTUMN/WINTER: WEEK 2
20/11, 11/12

GREENSHAW
LEARNING TRUST

MONDAY

Gluten Free Cheese and Tomato Pizza

Served with salad and wedges

▲ 7

Jacket Potato with choice of fillings

▲ 4

Ice Cream

▲ 7

TUESDAY

Gluten Free Sausage & Gravy

Served with mash and mixed vegetables

▲ Allergen Free

Gluten Free Tuna Mayo Roll

▲ 4, 5

Gluten Free Cookie

▲ Allergen Free

WEDNESDAY

Roast Chicken

Served with new potatoes and vegetables

▲ Allergen free

Gluten Free Ham Roll

▲ 4

Gluten Free Cookie

▲ 4, 7

THURSDAY

Mild Chicken Curry

Served with rice and green beans

▲ Allergen Free

Vegan Curry served with rice

▲ 4

Strawberry mousse

▲ 7

FRIDAY

Gluten Free Fish Fingers

Served with chips and peas

▲ 5

Gluten Free Cheese & Salad Roll

▲ 7

Jelly

▲ Allergen free

▲ ALLERGEN KEY

1. Celery

2. Gluten

3. Crustaceans

4. Eggs

5. Fish

6. Lupin

7. Milk

8. Molluscs

9. Mustard

10. Peanuts

11. Sesame

12. Soybeans

13. Sulphites

14. Tree nuts

AVAILABLE DAILY

Wholemeal bread, fresh salads, variety of seasonal fresh fruit, yogurts and jacket potato with choice of toppings

LUNCH MENU.

Gluten Free

AUTUMN/WINTER: WEEK 3
06/11, 27/11, 18/12

GREENSHAW
LEARNING TRUST

MONDAY

Gluten Free Cheese and Tomato Pizza

Served with Wedges and Sweetcorn

▲ 7

Gluten Free Tuna & Cucumber Wrap

▲ 4, 5

Apple

▲ Allergen Free

TUESDAY

Jacket Potato

Served with cheese, beans or tuna

▲ 4, 5, 7

Gluten Free Tuna & Cucumber Wrap

▲ 4, 5

Gluten Free Biscuit

▲ Allergen Free

WEDNESDAY

Gluten Free Sausage Roast

Served with roast potatoes and vegetables

▲ Allergen Free

Gluten Free Tuna & Cucumber Wrap

▲ 4, 5

Gluten Free Sponge

▲ 4, 7

THURSDAY

Jacket Potato

Served with cheese, beans or tuna

▲ 4, 5, 7

Gluten Free Tuna & Cucumber Wrap

▲ 4, 5

Flapjack

▲ Allergen Free

FRIDAY

Gluten Free Fish Fingers

Served with chips and peas

▲ 5

Gluten Free Tuna and Cucumber Wrap

▲ 4, 5

Jelly and Ice Cream

▲ 7

▲ ALLERGEN KEY

1. Celery

2. Gluten

3. Crustaceans

4. Eggs

5. Fish

6. Lupin

7. Milk

8. Molluscs

9. Mustard

10. Peanuts

11. Sesame

12. Soybeans

13. Sulphites

14. Tree nuts

AVAILABLE DAILY

Wholemeal bread, fresh salads, variety of seasonal fresh fruit, yogurts **and jacket potato with choice of toppings**

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